

## BEST PRACTICES

**Activity Report on - FREE HEALTH CHECK UPCAMP & CANCER AWARENESS PROGRAMME**

Venue- Chhaygaon College

Date- 28<sup>th</sup> Nov 2025

**Submitted to- IQAC Coordinator, Chhaygaon College**



**Submitted by: Arup Kumar Medhi, NSS Unit Programme Co-ordinator**

**Dr. Deepika Das , Co-ordinator Women Cell**

**NSS Unit and Women Cell CHHAYGAON COLLEGE, Chhaygaon, Kamrup, Assam**



SL NO	CONTENT	DESCRIPTION
1	Name of the Activity :	FREE HEALTH CHECK UPCAMP & CANCER AWARENESS PROGRAMME
2	Category :	HEALTH COMMUNITY RELATED SERVICES
3	Organized by :	NSS Unit and Women cell IQAC CHHAYGAON COLLEGE
4	Technical support :	HEALTH CITY HOSPITAL A Unit of North East Health City Private limited) and Dr. Bhaba Das Foundation Guwahati Kamrup Metro
5	Objective :	<ul style="list-style-type: none"> <li>To promote health awareness.</li> <li>To promote Cancer Awareness.</li> <li>To encourage humanitarian spirit among student and community.</li> <li>To promote health related issues and safety measures regarding women</li> <li>To create awrness Breast Cancer issues and its remedies.</li> <li>To draw attention of the Govt health support to institution</li> </ul>
6	Date :	28 <sup>th</sup> Nov 2025 (DAY LONG ACTIVITY -9AM TO 5PM)
7	Place :	CHAMPAKYOTI AUDITORIUM, CHHAYGAON COLLEGE
8	Organizing Details :	<b>CHHAYGAON COLLEGE:</b> <b>Programme Coordinator:</b> Arup Kumar Medhi, Chhaygaon College, Nss Unit and Dr. Deepika Das Women Cell IQAC Chhaygaon College <b>Chief Patron:</b> Dr. NagenKalita (President GOVERNING BODY, Chhaygaon College) <b>PRINCIPAL:</b> Dr. Naba Kumar Kalita (Principal, Chhaygaon College) <b>IQAC Coordinator:</b> Dr. LakshyaSarma <b>NSS Unit Women Cell :</b> All members NSS unit and Women Cell IQAC Chhaygaon College and CCSU. <b>Technical Support:</b> <b>HEALTH CITY HOSPITAL</b> A Unit of North East Health City Private limited) and Dr. Bhaba Das Foundation Guwahati Kamrup Metro Public Health Center Gobardhan, Chhaygaon
9	Programme at a Glance :	<p>The Camp is inaugurated by Dr, NagenKalita (President GOVERNING BODY, Chhaygaon College) and Dr. Naba Kumar Kalita (Principal, Chhaygaon College) deliver welcome to august gathering. As anchor Dr. Deepika Das Women Cell IQAC Chhaygaon College co-ordinate the awareness programme. All distinguish persons are felicitated by college on this occasion.</p> <p><b>The programme is conducted in two phase</b></p> <p>A) Cancer Awareness Programme</p> <p>B) Free Health Checkup Camp</p> <p><b>A) Cancer Awareness Programme</b></p> <p>A Cancer Awareness Programme was successfully conducted at Chhaygaon College, drawing active participation from local residents, particularly women. Organized at Champkijyoti Auditorium, Chhaygaon College, the event saw the presence of over 365 students, local people along with student volunteers, reflecting strong community interest and engagement.</p> <p>The programme was led by Dr. Diganta Kr Das Senior Consultant, Surgical oncology Health City Hospital and Dr. Dibash Ch Goswami, Director Health City Hospital they focused on what is cancer its importance of early detection, screening, and proper treatment. They addressed common misconceptions around breast health and stressed the need for self-</p>

examination as a simple yet effective method for early detection. His talk also covered available medical treatments and supportive care for those diagnosed with the disease.

In addition to medical awareness, the session highlighted various government schemes and welfare initiatives aimed at improving the health and well-being of women and children.

Mr. Ayaskanta Chakraborty, Director Business Development Health City Hospital explain in details what types of medical treatment is available in NE region and how community people reap the benefit with proper information and communication.

There is also a good interactive session between participant and expert on different cancer related issues.

**B) Free Health Checkup Camp**

Along with cancer awareness programme the free Health Check Up is also initiated by the organizer. From health city Hospital Dr. Bhumita Nath, Deptt of Internal Medicine, Dr. Pratikshya Sakia, Deptt of Oncology, Dr. Atul Dubey Deptt of Internal Medicine and 7 no of technician extend their support to health camp. Besides ECG, pressure, sugar, oxygen level is checked in the camp. Expert Doctors consult with each participant individually and provide valuable suggestion and advice to needy medicine. 108 nos students' local people staff teachers check their health. Everyone highly pleased for the programme and urge to continue such health checkup camp in near future.



**Health City**  
**HOSPITAL**  
(A Unit of North-East Health City Pvt. Ltd.)



Fully Accredited  
NABH Hospital



Fully Accredited  
NABH Blood Bank

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Ref. No : HCH/MAR/PRO/2025-1911

To,

Date: 19-11-2025

The Honorable Principal,  
Chhaygaon College, Chhaygaon.  
Kamrup (R), Assam

Thro's

NSS Unit  
Women Cell  
IQAC  
Chhaygaon College.

Sub: - Proposal to organize a cancer awareness Health Talk and Health check-up camp.

Respected Sir,

Greetings from Health City Hospital, Guwahati....!!!

We have a pleasure in introducing ourselves as one of the promising multi super specialty 200 bedded Hospital in the entire North East Region, under the name Health City Hospital (A unit of North East Health City Private Limited).

The Hospital is NABH accredited and equipped with state of art technologies and most advanced diagnostic tools source from top of the line global manufacture which are backed by dedicated specialist with international expertise in the field of medical science.

We have the following services in our hospital:-

CTVS & Cardiology, Onco Surgery, Medical Oncology, Radiation Oncology, Neuro-Surgery, Orthopedics, Nephrology, Radiology, Internal Medicine, Pediatric CTVS & Pediatric Cardiology, Neurology, Laboratory, Urology, Nuclear Medicine, Pulmonology, Gastroenterology, GI surgery, Joint hip Replacement, Kidney transplant, H&N surgery, Blood Center & Rheumatology.



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# **FREE HEALTH CHECK UP CAMP & CANCER AWARENESS PROGRAMME**

**Organised by : National Service Scheme (NSS) and  
Women Cell, Chhaygaon College**

**In collaboration with : Health City Hospital, Guwahati and  
Dr. Bhaba Das Foundation**

**Venue : Chhaygaon College, Chhaygaon**

**Date : 28th November, 2025 :: Time : 10 AM to 3 PM**

স্বাস্থ্য শিবিৰত সমূহ ছাত্ৰ-ছাত্ৰী, শিক্ষক-শিক্ষয়িত্ৰী, অনা-শিক্ষক কৰ্মচাৰীৰ লগতে  
শুভাৰক্ষী বাইজৰ অংশগ্ৰহণ আৰু সহযোগিতা আন্তৰিকতাৰে কামনা কৰা হ'ল।  
আহক, অভিজ্ঞ চিকিৎসকলৰ দ্বাৰা আপুনি স্বাস্থ্য পৰীক্ষা কৰি লওক।



## PHOTOGRAPH













